



Together we can wipe off every tear from every human eye

Govt Regd-6613/14

Kashmir

# ATHROUT

(THE HELPING HAND)

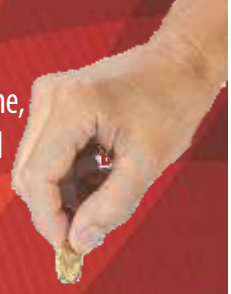


فَأَمَّا الْيَتِيمَ فَلَا تَقْهَرْ وَأَمَّا السَّائِلَ فَلَا تَنْهَرْ

So, never should you be strict with any orphan, and as for the petitioner, do not scold him.



Whosoever saved the life of one, is as if he saved the life of all mankind. (Al-Quran)



**CHARITY**



# 1. Free Medical Help



From the health perspective, the situation in the valley is going from bad to worse. How on the earth the poverty stricken people of this valley meet ever rising costs of medicine, consultation fee of doctors and diagnostic charges when their backs are already crushed in these inflationary times? This should cause every right thinking kashmiri to pause and look within. Athrout, which is on the forefront of providing aid and relief to the destitute people. The medical branch of Athrout shall be exclusively devoted to the exigent medical requirements of the people who can not otherwise afford to have it in the commercialized health sector. Taking baby steps in this direction , the Athrout provides Free OPD Services, Free and on No Profit No Loss Basis Medicine, Conducting Free Medical Camps in Remote Areas, providing Free Medicine for Poor Bed Ridden Patients and handsome amount for Their surgeries and therapies



NEBULIZER

**Free  
Medical Services Available  
For Those in Need**



AMBULANCE FACILITY



OXYGEN  
CONCENTRATOR



ECG



MEDICINE



## 2. Monthly House Hold

Our Valley has innumerable families where only male members have either died or suffering from fatal diseases or physically maimed. There are also households where male members are not able to earn enough to provide for the bare necessities of the household. For such families Athrout has taken responsibility on itself to provide them necessities of life on monthly basis so that they are not driven to indecent and objectionable activities for augmenting their incomes.



## 3. Education Help

For those children whose parents can not bear the cost of providing them quality education with their meager resources, Athrout has established this section so that educational needs of such unfortunate children are catered. Nothing is more important than investing in the future generations. This school shall be instrumental in helping these poor children in building the future for them so that they may become agents of progress and prosperity for the society in general and for their families in particular.



## 4. Empowerment

Our organization has received many applications on which it is mentioned that the bread earner of the family is not in a position to meet the both ends. He wants to put his whole effort to earn for his family but due to non-availability of avenues could not. Our organization has realized that we must support and encourage such people so that they would not be compelled by such circumstances to beg on the streets. Our beloved Prophet (saws) has said that the giving hand is better than taking hand (Al-Bukhari). We try to build their foundations so that they can stand on their own feet to feed their families. To fulfill their dreams, we provide them technical and financial support in establishing small business units like wooden carts for selling eatables, machines, small shops etc so that they would live a prosperous and respectful life in today's degraded and jealous society.



## 5. Simple Nikkah

Our beloved Prophet (SAWS) has said that the most blessed wedding is one that is not prodigal (Al-Bukhari)

In suchlike unfortunate families are daughters and sisters who have attained marriageable age but due to penurious conditions prevailing in their families their wishes and desires of conjugal bliss is still farthest from them. Their wail to the haves of the society is poignant and heart rending but goes unheard. Our institution is making efforts in having the marriages of such daughters solemnized with simplicity and without fanfare



# 6. Natural Disaster

Natural calamities and disasters bring in their trail such destruction and untold suffering that those living princely lives are rendered homeless and penniless and are forced to live beggarly lives. Authrout is providing all types of assistance to the flood, fire and earthquake affected people with a view to enable them to rebuild and restart lives.



## Winter Special Help

In winters poor and destitute people face more and more difficult days to live in. Every problem turns from bad into worse. Neither they get labor in winters nor enough resource to fight the chilly weather. They chose to be restricted with in their slums shivering and trembling. For such kind of poor families, every year, our institution provide s every necessary thing so that they can tackle the hard ship of winters.



## Eid Help

Eid day is one of the happiest days for everyone. No matter younger or older everyone is happier from heart seen by face. But there are some people to whom this day is not more than a day of sorrow and misfortune. For such downtrodden people our institution try hard to make them as happier so that they can celebrate the moments as others in this great Day of Eid.



# FUTURE PLANS

DRAWN & DESIGNED BY  
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## Maternity Hospital



The above cited proposed building is going to be a unique asset for the downtrodden and destitute people of the valley. The said building will purposely serve as a Medical centre and maternity centre especially for women by women. The said building has been a dream for the members of the organisation for a long time. By the will of Allah Almighty's favour and your timely help, this dream will be materialized soon.

## Quality School



We believe "Education is our future : Education is our development" and to attain Quality Education is a right for everyone and everyone must have opportunity for Quality Education no matter he/she is from a slum and can't effort the expenses . For that front we have decided to shape a school where our new generation will flourish their dreams.

# Proposed Diagnostic Centre



This proposed diagnostic centre will turn out (by the will of Allah) a mile stone for our Institution. Here we will serve the wailing humanity in health prospect by providing free diagnostics to poor downtrodden and destitute and on NO profit No loss basis to all of humanity regardless his identity.

## Women's Livelihood

Alhamdulillah This center has come into existence where our sisters who are the victims of poverty and misfortune will earn by their hands and by themselves so that they can secure their future as well as dignity and honor from the eyes of lust.





# Appeal

## ***My dear muslim brother/Sister***

Have you ever taken some time out from your day today chores and from your relatively well- of material existence and thought over those spheres of our valley in the confines of which countless people suffer various afflictions intolerably and whose faces constantly remind us: DO THEY HEAVE A SIGH OF RELIEF BECAUSE WE EXIST?

In this institution hundreds of applications are awaiting relief and we invariably find in them young marriageable daughters seeking protection of their honour. They fear that in the event of their supplications not being answered affirmatively they are unlikely to find coverture in life.

In these supplications we come across voices of despair of the old and doddering people telling us the pain of hunger in seeing their unwed daughters crossing their marriageable age but don't have Resources to overcome this excruciating pain. They fear they may lose their faith to some Christian proselytizer who has strength of purse to buy them over to his faith .

We find heart-rending pleas of the intelligent and competent boys and girls who are orphans from destitute families telling us their academic future is at stake. They tell us how bad times have sapped their mental vitality and deprived them of their happiness which is otherwise due to every child. We feel that this vulnerable section of populace is a ticking bomb and needs immediate attention and redress otherwise its explosion shall cause wide spread destruction and damage in our society.

In these petitions the skill full youth, who are capable of hitching their wagon to stars, tell us the pitiable tail of how their talent is falling in disuse and how soon they will be over the hill. They tell in their petitions how hard times have weighed down their morale; how tough times have forced them to sacrifice their talents for manual labor and how family responsibilities like marrying off their unwed sisters purchasing costly medicines for their old parents is tormenting them all the time. Caught in this whirlpool of misfortune they may even contemplate even taking the extreme step of selling body organs and even taking the extreme step of selling body organs and even adopting the illegal path in order to meet their needs .If this youth is not retrieved from this situation they make turn their wrath, which is brewing with in them, on the iniquitous society itself and by then it may be too late for all of us to do anything about it.

This is the state of affairs of the UMMAH of the Prophet Of Islam( S.A.W), the very epitome of humanity, who suffered every possible hardship in order to see the needs of any helpless are met. It is the irony of the highest order that we should claim ourselves to be ardent followers of that personification of humanity and nobility ( S.A.W) but at the same time motionless and quiescent in remedying the pathetic condition of our brethren.

The list of woes of our unfortunate brethren becomes ever longer with every passing moment and if we do not come forward to relieve their pain the holy Quran and the sayings of the Prophet (S.A.W) make it amply clear that on the day of judgement we will be deprived of the blessings of Allah and intercession (Shafa'at) of the Prophet (S.A.W).

# ATHROUT on GROUND





1. Rescuing tourists at RAJBAGH.
2. Carrying food and essential commodities to trapped passengers at NOWGAM Railway Station.
3. Rescuing Doctors, Medical Staff & Patients from SMHS
4. Athrouth volunteers putting their best efforts at BYE PASS.
5. Distributing special packages to FLOOD VICTIMS.
6. Special winter kits for down-trodden flood victims.
7. & 8. Supplying Medicine to SSMH Hospital in most Risky situation.
9. Preparing food for Hospitals (SMHS & SKIMS).
10. Distributing food among patients and attendants.
11. Young Athrouth fumigation team.
12. Spraying anti-bacterial at Hospitals, Schools and most affected Areas.
13. Volunteer Rescue team at central office ready to rescue.
14. Rescued.
15. Anti Swine Flu Drive at Srinagar (Distributing awareness literature and face Masks).
16. SPECIAL ADOPTION PROGRAM for most deserving flood victims.
17. Dressing every WOUND of misfortune.
18. Free Medical Camps during floods and in normal days.

## Positives of charity (SADAQAH)

When (SADAQAH) charity is given by a person, silently it says. ....

01. I would have ended in nothingness had I not been given as charity.
02. Earlier I was your enemy now I have become your friend.
03. You used to safeguard me now it is my responsibility to protect you.
04. I was nothing, you made me great.
05. Earlier I was in your possession now I am in the possession of "Allah".

## Zakat

Zakat (religious duty to pay specific percentage on the wealth acquired or inherited by a Muslim) is obligatory on every Muslim of means. Denial of it is apostasy and non payment is the sin of worst kind. As many as seventy times Zakat is emphasized in the Quran along with Namaaz. as per the agreed and consensual Hadith Hazarat Abu Bakr (RA) has stated that, "We will wage war against those who make any distinction between Namaaz and Zakat in their obligation and greatness".



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### J& K Bank.

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A/c.No: 0249010100002245

IFSC Code: JAKAOCANDLE.

### HDFC BANK.

Branch: Saraf kadal.

A/c.name: Kashmir Athrout.

A/c.No: 5020008819590

IFSC Code. HDFC0000850.